

Filming Guidelines

The video submission deadline is January 15, 2021. Teachers will receive instructions for uploading candidate videos once their registration has been processed and confirmed by the RAD USA office.

Please be aware of the following filming guidelines:

- Video format should be 1080p HD in an MP4 file
- Shoot landscape (wide), not portrait (tall)
- Make sure there is sufficient lighting
- Keep light sources in front of the subject (ie, no shooting with a bright window in the background which will make the subject dark)
- Keep the dancer(s) as large in the frame as possible at all times
- Make sure the environment is not noisy (no AC units dogs barking, TVs, etc)